



Mountain Lion Cub News - February



Wonderful Weather!

Miss Amber and Miss Melissa's Preschoolers have been learning about weather and the seasons during the month of February. They had many fun experiences to help them learn such as acting out the water cycle with their bodies, observing clouds, exploring what meteorologists do, and painting the seasons. Lent began this month as well and the students received ashes on Ash Wednesday. They learned that this begins the season of Lent in which we try our best to



Valentine's Day STEAM Fun

Miss Jylian and Miss Michaela's Pre-K students used their engineering design and art skills this month to create some incredible Valentine boxes. They each created their own original, functional designs and brought them to life with their some very creative touches. These definitely made for a special and fun Valentine's Day. To begin the Lenten season, the teachers helped each student to come up with specific ways that they can help someone in their lives. What a wonderful way to

act like Jesus as we prepare our hearts for Easter. practice being more like Jesus.



Spotlight on Development - Religion

Religious and spiritual development in the preschool environment is a joy to see! Children are learning to build a personal relationship with Jesus as they begin to understand that they are a part of a church family. They participate in the life of the Church by attending Mass and learning about the many wonderful traditions that are central to the Catholic faith. They are growing their capacity to love and care for others as God loves and cares for them. Preschoolers learn that God created them and the world around them and that all that He made is GOOD.

How can parents help?

- * Read children's bible stories with your child.
 - * Find ways as family to help others who are struggling or in need.
 - * Pray with your child in many situations - when they are grateful, worried, sad, joyful, etc.
 - * Check out Catholic Sprouts! This is a fun and engaging podcast for that helps children learn about everything from the lives of Jesus and the saints to the liturgical seasons. Here is the link: <http://catholicsprouts.com/>
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Pyramid Model Behavior Support For Families

Some days with Preschoolers can be tricky! Check out the link below for some quick, helpful tips for helping things go smoothly. We like to think of it as working smarter, not harder. Allowing children to make some choices about their day and being clear about what you expect of them can help everyone get what they need.

<http://bit.ly/3IXtCL3>



Lighting the Way for Parents

“For you created my inmost being; you knit me together in my mother’s womb. I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well.” ***Psalm 139: 13-14***