Mountain Lion Club News

February

CLASSROOM NEWS

Our preschool students just wrapped up an awesome building study! They learned about different types of buildings, their purposes, and what it takes to design and engineer a building. The students engineered their own buildings using loose parts, problem solving, and determination. Families were invited to visit the buildings and they had a great time talking to the students about their unique structures.



The Pre-K classroom got into the spirit of Valentine's Day with a fun and creative STEM project that also tied into their Social/Emotional curriculum. The students heard the story *Love Monster* which teaches that differences are OK when it comes to friends. Each child designed and created their own Love Monster out of an ordinary box, gave it a name, and used it as a special Valentine holder.



SPOTLIGHT ON DEVELOPMENT

Social/Emotional Skills Problem Solving

Emotions can be BIG for preschoolers! They often get in the way of solving problems such as having to share, turning off the tablet or not getting a treat at the store. Teaching specific problem-solving skills BEFORE common problems occur will help your child learn to be an independent problem solver and prevent meltdowns.

PYRAMID MODEL FOR FAMILIES



When people hear the term **Positive Behavior Support**, which is the basis of all Pyramid Model Practices, they may assume that it is a "soft" approach. In truth, when **PBS** is used appropriately it an **effective** approach. Children are proactively taught problem-solving skills and given clear behavior expectations using language that explains what they are expected to do. This same specific language is used to give reminders when needed as well as praise when rules are being followed. Check out this month's **Backpack Connection Series** on problem-solving and avoiding meltdowns.

LIGHTING THE WAY FOR PARENTS



Trust in the Lord with all your heart and do not lean on your own understanding. In all your ways acknowledge Him, and He will make your paths straight. **Proverbs 3:5-6**